

3rd | HIFPS

Hellenic Institute of Facial Plastic Surgery

INTERNATIONAL COURSE

in

FACIAL PLASTIC SURGERY

RHINOPLASTY & FACELIFT



5-7 DEC 2026

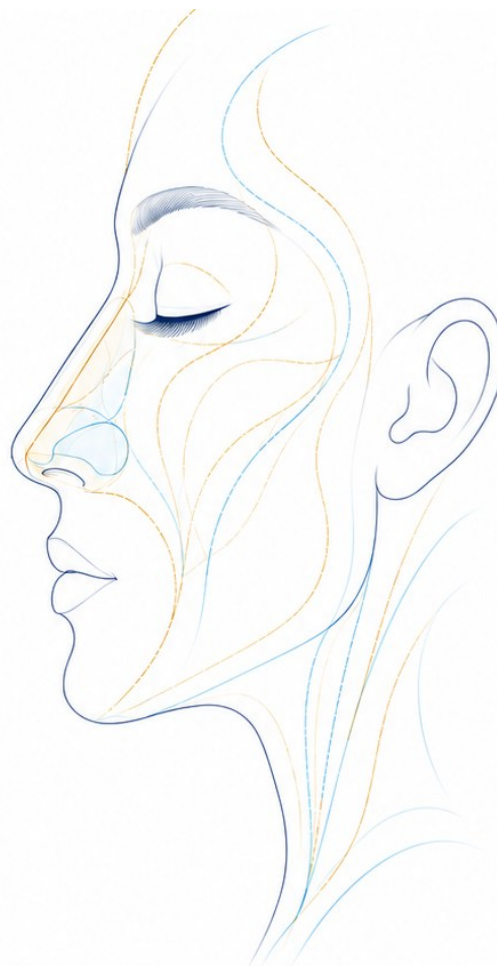
ATHENS, GREECE



VENUE

NeuroLab

Sevastoupoleos 7, Athens



CADAVER
DISSECTION

HANDS-ON TRAINING



LIVE SURGERY
VIDEOS

EXPERT APPROACHES



EXPERT
FACULTY

INTERNATIONAL FACULTY



CERTIFICATE OF
ATTENDANCE

LIMITED POSITIONS



HIGH-LEVEL
EDUCATION

ADVANCED TECHNIQUES



COURSE DIRECTORS

George Mireas

Christos Georgalas

Neophytos Demetriades

UNDER AUSPICES



EAFPS
THE EUROPEAN ACADEMY
OF FACIAL PLASTIC SURGERY



European
University
of Cyprus



HIFPS
Hellenic Institute of
Facial Plastic Surgery

ORGANIZATION

NeuroOncology.gr

by the Hellenic NeuroOncology Group (HeNOG)



ATHENS
MICRONEUROSURGERY
LABORATORY



EBEC

European Board Examination in
Facial Plastic and Reconstructive
Surgery (EBEC-FPRS)

FACULTY CERTIFIED THROUGH



IBCFPRS

International Board for
Certification in Facial Plastic and
Reconstructive Surgery (IBCFPRS)



ABFCS

American Board of
Facial Cosmetic Surgery
(ABFCS)

INFORMATION & REGISTRATION

☎ 210 7229250: Ms. Loufradaki Maria

✉ ekne@neurosurgery.org.gr

🌐 www.hifps.org/registration

FOLLOW HIFPS



CME-CPD Continuing Medical Education Credits will be awarded by the PIS



DATE

Rhinoplasty
5-6 December 2026

Facelift
7 December 2026



VENUE

neurolab

Sevastoupoleos 7 str.
Athens



REGISTRATION FEES

FRESH FROZEN CADAVERS
€800 (Rhinoplasty)
€400 (Facelift)
€1100 (Rhino+Facelift)

General Information

Registration Fees

Rhinoplasty – 5-6 Dec 2026: €800 + VAT
Facelift – 7 Dec 2026: €400 + VAT
Rhinoplasty+Facelift 5-7 Dec 2026: €1100 + VAT

Course Format

Fresh-Frozen cadaver specimens
Complete surgical kits on every workstation
A total of 18 hours of hands-on training
Step-by-step practical learning techniques (demonstration and hands-on on the specimen)
Video tutorials before each module

Secretariat

Ms Maria Loufardaki
210-7229250 - ekne@neurosurgery.org.gr
www.hifps.org/registration
<https://athensmnslab.com/>

Registration:

Registration is confirmed upon payment of the full registration fee.
Cancellations received by 5 October 2026 are eligible for a 50% refund.
Cancellations received from 6 October to 5 November 2026 are eligible for a 25% refund.
Registration fees are non-refundable after 5 November 2026.

Certificate of Attendance

The course has been submitted for CME-CPD accreditation by the Panhellenic Medical Association (PIS).

1st Training Day Saturday 5 December 2026

Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Lekakis Garyfalia, Lygeros Spyridon, Mireas George, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis

Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades

Video Demonstration: George Mireas

9:30-10:00	Welcome and Introduction to the Rhinoplasty Section	
10:00-10:20	Preoperative assessment – Rhinoplasty simulation –	Lekakis Garyfalia
10:20-10:40	Setup of operating room – anesthesia	George Karatzias
10:40-11:00	Splint placement - Postoperative instructions	Tsounis Michalis
11:00-13:00	Incisions – dissection - elevation Septum preparation Septal graft removal	LAB: All instructors
13:00-14:00	Lunch break	
14:00-18:00	Removal of hump (cartilaginous part – bony part) Graft preparation for spreader – SEG – Col.strut Spreader placement Placement of SEG or Col.strut Fixation to the ANS	LAB: All instructors

HANDS ON TRAINING 1st Day: 6 HOURS

2nd Training Day		
Sunday 6 December 2026		
Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Lekakis Garyfalia, Lygeros Spyridon, Mireas George, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis		
Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades Video Demonstration: George Mireas		
9:30-11:00	Removal of cephalic part of the LLCs Lateral crural steal – neodomies formation Neodomies anchoring (TIG – SEG – Col.Str)	LAB: All instructors
11:00-11:30	Break	
11:30-13:00	Membranous septum or medial crura suturing Osteotomies (paramedial - lateral – transverse) (optional: LLC struts)	LAB: All instructors
13:00-14:00	Lunch break	
14:00-17:00	Diced cartilage preparation PRF products Placement of dice cartilage - prf products Incisions closure	LAB: All instructors

HANDS ON TRAINING 2nd day: 6 HOURS

TOTAL HANDS ON TRAINING (Rhinoplasty Section): 12 HOURS

3rd Training Day		
Monday 7 December 2026		
Instructors (alphabetically): Botani Ioanna, Christopoulos Athanasios, Dalitis Savvas, Demetriades Neophytos, Georgalas Christos, Mireas George, Fragkioudakis Nikolaos		
Coordinators: Neophytos Demetriades, George Mireas, Christos Georgalas Video Demonstration: Neophytos Demetriades		
9:00-9:30	Welcome and Introduction to the Facelift Section	
9:30-9:50	Preoperative assessment	Neophytos Demetriades
9:50-10:10	Setup of operating room - anesthesia – Postoperative instructions	Ioanna Botani
10:10-10:30	Basic Anatomy – Skin – Retaining ligaments - Facial nerve	George Mireas
10:30-13:00	Neck lift Incision – dissection - elevation Platysma muscle separation - elevation Submental fat removal Platysma and incision suturing	LAB: All instructors
13:00-14:30	Lunch break	
14:30-18:00	Face lift Incisions – dissection – elevation SMAS plication SMAS imbrication Deep-plane Facelift Incisions suturing	LAB: All instructors

HANDS ON TRAINING 3rd day (Facelift): 6 HOURS

TOTAL HANDS-ON TRAINING: 18 HOURS

COURSE DIRECTORS

- **Mireas George MD PhD**
- **Georgalas Christos MD, PhD**
- **Demetriades Neophytos MD, DDS, MSc.**

SCIENTIFIC COMMITTEE

- **Mireas George MD PhD**
- **Georgalas Christos MD, PhD**
- **Demetriades Neophytos MD, DDS, MSc.**
- **Botani Ioanna MD, MSc.**

INSTRUCTORS – SPEAKERS (alphabetically)

- **Asimakopoulou Liana**
MD, PhD. Otolaryngologist, Member of the European Academy of Facial Plastic Surgery
- **Botani Ioanna**
MD, MSc. Otolaryngologist – Head & Neck Surgeon, Registrar A', General Hospital of Drama, Drama
- **Christopoulos Athanasios**
MD, Plastic Surgeon. Scientific Director of “Aesthetic Anaplasia” Medical Center
- **Dalitis Savvas**
MD, Plastic Surgeon
- **Daniilidis Vasilios**
Professor of Otolaryngology, Medical School, University of Patras, Director of the Otolaryngology Clinic, University of Patras, Rio
- **Demetriades Neophytos**
MD, DDS, MSc. Professor, European University of Cyprus, School of medicine. Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus.
- **Georgalas Christos**
Professor of Head and Neck Surgery, University of Nicosia / Director of the Head, Neck and Skull Base Clinic, Hygeia Hospital
- **Karatzias Giorgos**
MD, PhD, Director of the Clinic of Otolaryngology General Hospital Asklepieio Voula
- **Lekakis Garyfalia**
MD, PhD, FRCS(ORL-HNS), EBFPRS. Hopitaux Iris Sud, The Clinic, Brussels, Belgium
- **Lygeros Spyridon**
MD, PhD. Ass. Professor of Otolaryngology, Medical School of the University of Patras, Rio
- **Mireas George**
MD, PhD, Director of Mediterraneo Hospital Plastic Surgery Center, Athens

- Terzakis Dimitris

*MD, MSc, FEBORL-HNS, Assistant 2nd ENT Clinic, Hellenic Red Cross Hospital
"Korgialenio-Benakio"*

- Triantos Stelios

*ENT - Head and Neck Surgeon, Director of the ENT Clinic, General Hospital of Athens
"Korgialenio-Benakio" "Red Cross"*

- Tsounis Michalis

*MD, PhD, Director of the ENT Department of Health of the Hellenic Police - Director of
the Department of Functional Rhinoplasty of "Lito" Hospital*

- Fragkioudakis Nikolaos

MD, DDS, Oral & Maxillofacial Surgeon. Fellow, Facial Cosmetic Surgery

TECHNICAL MANAGER

Siametis Spyros

MSc

ADMINISTRATIVE OFFICER

Loufardaki Maria

MSc