

3rd | HIFPS

Hellenic Institute of Facial Plastic Surgery

INTERNATIONAL COURSE

in

FACIAL PLASTIC SURGERY

RHINOPLASTY & FACELIFT



5-7 DEC 2026

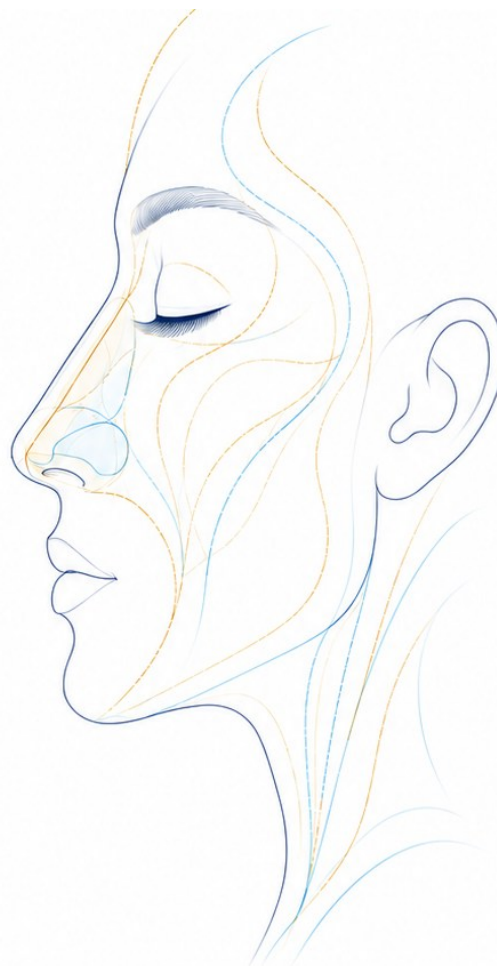
ATHENS, GREECE



VENUE

NeuroLab

Sevastoupoleos 7, Athens



CADAVER
DISSECTION

HANDS-ON TRAINING



LIVE SURGERY
VIDEOS

EXPERT APPROACHES



EXPERT
FACULTY

INTERNATIONAL FACULTY



CERTIFICATE OF
ATTENDANCE

LIMITED POSITIONS



HIGH-LEVEL
EDUCATION

ADVANCED TECHNIQUES



COURSE DIRECTORS

George Mireas

Christos Georgalas

Neophytos Demetriades

UNDER AUSPICES



EAFPS
THE EUROPEAN ACADEMY
OF FACIAL PLASTIC SURGERY



European
University
of Cyprus



HIFPS
Hellenic Institute of
Facial Plastic Surgery

ORGANIZATION

NeuroOncology.gr

by the Hellenic NeuroOncology Group (HeNOG)



ATHENS
MICRONEUROSURGERY
LABORATORY



EBEC

European Board Examination in
Facial Plastic and Reconstructive
Surgery (EBEC-FPRS)

FACULTY CERTIFIED THROUGH



IBCFPRS

International Board for
Certification in Facial Plastic and
Reconstructive Surgery (IBCFPRS)



ABFCS

American Board of
Facial Cosmetic Surgery
(ABFCS)

INFORMATION & REGISTRATION

☎ 210 7229250: Ms. Loufradaki Maria

✉ ekne@neurosurgery.org.gr

🌐 www.hifps.org/registration

FOLLOW HIFPS



CME-CPD Continuing Medical Education Credits will be awarded by the PIS

**DATE**

5-7 December 2026

**PLACE**

NeuroLab
Sevastoupoleos 7 str.
Athens

**REGISTRATION**

COST
FRESH FROZEN CADAVERS
€800 (Rhinoplasty)
€400 (Facelift)
€1100 (Rhino+Facelift)

General Information

Venue and Dates

NeuroLab
7 Sevastoupoleos street, Athens
Saturday 5 – Monday 7 December 2026

Registration Fees

€800 + VAT (Rhinoplasty)
€400 + VAT (Facelift)
€1100 + VAT (Combined Rhinoplasty+Facelift)

Course Format

Fresh-Frozen cadaver specimens
Complete surgical kits on every workstation
A total of 18 hours of hands-on training
Step by step practical learning of techniques (demonstration and application in the specimen)
Video tutorials before each module

Secretariat

Ms Maria Loufardaki, tel: 210-7229250
e-mail: ekne@neurosurgery.org.gr
www.hifps.org/registration

Registration

Registration is confirmed upon payment of the full registration fee.
Cancellations received by 5 October 2026 are eligible for a 50% refund.
Cancellations received from 6 October to 5 November 2026 are eligible for a 25% refund.
Registration fees are non-refundable after 5 November 2026.

Certificate of Attendance

The course has been submitted for CME-CPD accreditation by the Panhellenic Medical Association (PIS).

1st Training Day

Saturday 5 December 2026

Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Lekakis Garyfalia, Lygeros Spyridon, Michalopoulos Vasilis, Mireas George, Papadopoulos Constantinos, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis

Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades

Video Demonstration: George Mireas

Time		Faculty
9:30–10:00	Welcome and Introduction to the Rhinoplasty Section	
10:00–10:20	Preoperative assessment – Rhinoplasty simulation	Lekakis Garyfalia
10:20–10:40	Setup of operating room – anesthesia	George Karatzias
10:40–11:00	Splint placement – Postoperative instructions	Tsounis Michalis
11:00–13:00	Incisions – dissection – elevation Septum preparation Septal graft removal	All instructors
13:00–14:00	Lunch break	
14:00–18:00	Removal of hump (cartilaginous part – bony part) Graft preparation for spreader – SEG – Col.strut Spreader placement Placement of SEG or Col.strut Fixation to the ANS	All instructors

HANDS ON TRAINING 1st Day: 6 HOURS

2nd Training Day

Sunday 6 December 2026

Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Lekakis Garyfalia, Lygeros Spyridon, Michalopoulos Vasilis, Mireas George, Papadopoulos Constantinos, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis

Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades

Video Demonstration: George Mireas

Time		Faculty
9:30–11:00	Removal of cephalic part of the LLCs Lateral crural steal – neodomes formation Neodomes anchoring (TIG – SEG – Col.Str)	All instructors
11:00–11:30	Break	
11:30–13:00	Membranous septum or medial crura suturing Osteotomies (paramedial - lateral – transverse) (optional: LLC struts)	All instructors
13:00–14:00	LUNCH BREAK	
14:00–17:00	Diced cartilage preparation PRF products Placement of dice cartilage - prf products Incisions closure	All instructors

HANDS ON TRAINING 2nd day: 6 HOURS

HANDS ON TRAINING (Rhinoplasty Section): 12 HOURS

3rd Training Day

Monday 7 December 2026

Instructors (alphabetically): Athanasiou Athanasios, Botani Ioanna, Christopoulos Athanasios, Dalitis Savvas, Demetriades Neophytos, Georgalas Christos, Mireas George, Ntamagkas Aris, Fragkioudakis Nikolaos

Coordinators: Neophytos Demetriades, George Mireas, Christos Georgalas

Video Demonstration: Neophytos Demetriades

Time		Faculty
9:00–9:30	Welcome and Introduction to the Facelift Section	
9:00–9:50	Preoperative assessment	Neophytos Demetriades
9:50–10:10	Setup of operating room - anesthesia – Postoperative instructions	Ioanna Botani
10:10–10:30	Basic Anatomy – Skin – Retaining ligaments - Facial nerve	George Mireas
10:30–13:00	Neck lift Incision – dissection - elevation Platysma muscle separation - elevation Submental fat removal Platysma and incision suturing	All instructors
13:00–14:30	LUNCH BREAK	
14:30–18:00	Face lift Incisions – dissection – elevation SMAS plication SMAS imbrication Deep-plane Facelift Incisions suturing	All instructors

HANDS ON TRAINING 3rd day: 6 HOURS

HANDS ON TRAINING (Facelift Section): 6 HOURS

TOTAL HANDS-ON TRAINING HOURS: 18

FACULTY

COURSE DIRECTORS

- **Mireas George MD PhD**
- **Georgalas Christos MD, PhD**
- **Demetriades Neophytos MD, DDS, MSc.**

SCIENTIFIC COMMITTEE

- **Mireas George MD PhD**
- **Georgalas Christos MD, PhD**
- **Demetriades Neophytos MD, DDS, MSc.**
- **Botani Ioanna MD, MSc.**

INSTRUCTORS – SPEAKERS (alphabetically)

- **Asimakopoulou Liana**
MD, PhD. Otolaryngologist, Member of the European Academy of Facial Plastic Surgery
- **Athanasίου Athanasios**
MD, PhD. Plastic Surgeon. President - Athens Beverly Hills Medical Group
- **Botani Ioanna**
MD, MSc. Otolaryngologist – Head & Neck Surgeon, Registrar A', General Hospital of Drama, Drama
- **Christopoulos Athanasios**
MD, Plastic Surgeon. Scientific Director of “Aesthetic Anaplasia” Medical Center
- **Dalitis Savvas**
MD, MSc. Plastic, Reconstructive and Aesthetic Surgeon
- **Ntamagkas Aris**
Plastic Surgeon, Ex-Head of Plastic Surgery Clinic, 251 Hellenic Air Force, General Hospital, Athens, Greece.
- **Daniilidis Vasilios**
Professor of Otolaryngology, Medical School, University of Patras, Director of the Otolaryngology Clinic, University of Patras, Rio
- **Demetriades Neophytos**
MD, DDS, MSc. Professor, European University of Cyprus, School of medicine. Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus.
- **Georgalas Christos**
Professor of Head and Neck Surgery, University of Nicosia / Director of the Head, Neck and Skull Base Clinic, Hygeia Hospital
- **Karatzias Giorgos**
MD, PhD, Director of the Clinic of Otolaryngology General Hospital Asklepieio Voula
- **Lekakis Garyfalia**
MD, PhD, FRCS(ORL-HNS), EBFPRS. Hopitaux Iris Sud, The Clinic, Brussels, Belgium

- Lygeros Spyridon

MD, PhD. Ass. Professor of Otolaryngology, Medical School of the University of Patras, Rio

- Michalopoulos Vasilis

MD, PhD, Plastic Surgeon

- Mireas George

MD, PhD, Director of Mediterraneo Hospital Plastic Surgery Center, Athens

- Papadopoulos Constantinos

MD, MSc, BSc, ENT Surgeon, Consultant, General Hospital of Drama, Drama

- Terzakis Dimitris

MD, MSc, FEBORL-HNS, Consultant 2nd ENT Clinic, Hellenic Red Cross Hospital "Korgialenio-Benakio"

- Triantos Stelios

ENT - Head and Neck Surgeon, Director of the ENT Clinic, General Hospital of Athens "Korgialenio-Benakio" "Red Cross"

- Tsounis Michalis

MD, PhD, Director of the ENT Department of Health of the Hellenic Police - Director of the Department of Functional Rhinoplasty of "Lito" Hospital

- Fragkioudakis Nikolaos

MD, DDS, Oral & Maxillofacial Surgeon. Fellow, Facial Cosmetic Surgery

TECHNICAL MANAGER

Siametis Spyros

MSc

ADMINISTRATIVE OFFICER

Loufardaki Maria

MSc