3rd HIFPS

Hellenic Institute of Facial Plastic Surgery

INTERNATIONAL COURSE in

FACIAL PLASTIC SURGERY

RHINOPLASTY & FACELIFT



5-7 DEC 2026
ATHENS, GREECE

VENUE
NeuroLab
Sevastoupoleos 7, Athens

19 ECMECs
Accredited by the Panhellenic Medical Association

- **CADAVER DISSECTION** — HANDS-ON TRAINING
- **LIVE SURGERY VIDEOS** — EXPERT APPROACHES
- **EXPERT FACULTY** — INTERNATIONAL FACULTY
- **CERTIFICATE OF ATTENDANCE** — LIMITED POSITIONS
- **HIGH-LEVEL EDUCATION** — ADVANCED TECHNIQUES

COURSE DIRECTORS
George Mireas | Christos Georgalas | Neophytos Demetriades

UNDER AUSPICES
EAFPS — THE EUROPEAN ACADEMY OF FACIAL PLASTIC SURGERY
European University of Cyprus
ΠΑΝΕΛΛΗΝΙΑ ΕΤΑΙΡΕΙΑ ΩΤΟΡΙΝΟΛΑΡΥΓΓΟΛΟΓΙΑΣ ΧΕΙΡΟΥΡΓΙΚΗΣ ΚΕΦΑΛΗΣ & ΤΡΑΧΗΛΟΥ
ΕΛΛΗΝΙΚΗ ΡΙΝΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ 1996

ORGANIZATION
NeuroOncology.gr — by the Hellenic NeuroOncology Group (HeNOG)
HIFPS — Hellenic Institute of Facial Plastic Surgery
ATHENS MICRONEUROSURGERY LABORATORY

FACULTY CERTIFIED THROUGH
EBEC — European Board Examination in Facial Plastic and Reconstructive Surgery (EBEC-FPRS)
IBCFPRS — International Board for Certification in Facial Plastic and Reconstructive Surgery (IBCFPRS)
ABFCS — American Board of Facial Cosmetic Surgery (ABFCS)

INFORMATION & REGISTRATION
210 7229250: Ms. Loufradaki Maria
ekne@neurosurgery.org.gr
www.hifps.org/registration

FOLLOW HIFPS

DATE	**PLACE**	**REGISTRATION**
5-7 December 2026	NeuroLab Sevastoupoleos 7 str. Athens	COST FRESH FROZEN CADAVERS €800 (Rhinoplasty) €400 (Facelift) €1100 (Rhino+Facelift)

General Information

Venue and Dates
NeuroLab
7 Sevastoupoleos street, Athens
Saturday 5 – Monday 7 December 2026

Registration Fees
€800 + VAT (Rhinoplasty)
€400 + VAT (Facelift)
€1100 + VAT (Combined Rhinoplasty+Facelift)

Course Format
Fresh-Frozen cadaver specimens
Complete surgical kits on every workstation
A total of 18 hours of hands-on training
Step by step practical learning of techniques (demonstration and application in the specimen)
Video tutorials before each module

Secretariat
Ms Maria Loufardaki, tel: 210-7229250
e-mail:ekne@neurosurgery.org.gr
www.hifps.org/registration

Registration
Registration is confirmed upon payment of the full registration fee.
Cancellations received by 5 October 2026 are eligible for a 50% refund.
Cancellations received from 6 October to 5 November 2026 are eligible for a 25% refund.
Registration fees are non-refundable after 5 November 2026.

Certificate of Attendance
The course has been submitted for CME-CPD accreditation by the Panhellenic Medical Association (PIS).

1st Training Day

Saturday 5 December 2026

Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Kypraiou Argyro, Lekakis Garyfalia, Lygeros Spyridon, Michalopoulos Vasilis, Mireas George, Papadopoulos Constantinos, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis

Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades

Video Demonstration: George Mireas

Time		Faculty
9:30–10:00	Welcome and Introduction to the Rhinoplasty Section	
10:00–10:20	Preoperative assessment – Rhinoplasty simulation	Lekakis Garyfalia
10:20–10:40	Setup of operating room – anesthesia	George Karatzias
10:40–11:00	Splint placement – Postoperative instructions	Tsounis Michalis
11:00–13:00	Incisions – dissection – elevation Septum preparation Septal graft removal	All instructors
13:00–14:00	**Lunch break**	
14:00–18:00	Removal of hump (cartilaginous part – bony part) Graft preparation for spreader – SEG – Col.strut Spreader placement Placement of SEG or Col.strut Fixation to the ANS	All instructors

HANDS ON TRAINING 1st Day: 6 HOURS

2nd Training Day

Sunday 6 December 2026

Instructors (alphabetically): Asimakopoulou Liana, Botani Ioanna, Daniilidis Vasilios, Demetriades Neophytos, Georgalas Christos, Karatzias Giorgos, Kypraiou Argyro, Lekakis Garyfalia, Lygeros Spyridon, Michalopoulos Vasilis, Mireas George, Papadopoulos Constantinos, Terzakis Dimitris, Triantos Stelios, Tsounis Michalis

Coordinators: George Mireas, Christos Georgalas, Neophytos Demetriades

Video Demonstration: George Mireas

Time		Faculty
9:30–11:00	Removal of cephalic part of the LLCs Lateral crural steal – neodomes formation Neodomes anchoring (TIG – SEG – Col.Str)	All instructors
11:00–11:30	Break	
11:30–13:00	Membranous septum or medial crura suturing Osteotomies (paramedial - lateral – transverse) (optional: LLC struts)	All instructors
13:00–14:00	LUNCH BREAK	
14:00–17:00	Diced cartilage preparation PRF products Placement of dice cartilage - prf products Incisions closure	All instructors

HANDS ON TRAINING 2nd day: 6 HOURS
HANDS ON TRAINING (Rhinoplasty Section): 12 HOURS

3rd Training Day

Monday 7 December 2026

Instructors (alphabetically): Athanasiou Athanasios, Botani Ioanna, Christopoulos Athanasios, Dalitis Savvas, Demetriades Neophytos, Georgalas Christos, Mireas George, Ntamagkas Aris, Fragkioudakis Nikolaos

Coordinators: Neophytos Demetriades, George Mireas, Christos Georgalas

Video Demonstration: Neophytos Demetriades

Time		Faculty
9:00–9:30	Welcome and Introduction to the Facelift Section	
9:00–9:50	Preoperative assessment	Neophytos Demetriades
9:50–10:10	Setup of operating room - anesthesia – Postoperative instructions	Ioanna Botani
10:10–10:30	Basic Anatomy – Skin – Retaining ligaments - Facial nerve	George Mireas
10:30–13:00	Neck lift Incision – dissection - elevation Platysma muscle separation - elevation Submental fat removal Platysma and incision suturing	All instructors
13:00–14:30	LUNCH BREAK	
14:30–18:00	Face lift Incisions – dissection – elevation SMAS plication SMAS imbrication Deep-plane Facelift Incisions suturing	All instructors

HANDS ON TRAINING 3rd day: 6 HOURS
HANDS ON TRAINING (Facelift Section): 6 HOURS

TOTAL HANDS-ON TRAINING HOURS: 18

FACULTY

COURSE DIRECTORS

- **Mireas George** *MD PhD*
- **Georgalas Christos** *MD, PhD*
- **Demetriades Neophytos** *MD, DDS, MSc.*

SCIENTIFIC COMMITTEE

- **Mireas George** *MD PhD*
- **Georgalas Christos** *MD, PhD*
- **Demetriades Neophytos** *MD, DDS, MSc.*
- **Botani Ioanna** *MD, MSc.*

INSTRUCTORS – SPEAKERS (alphabetically)

- Asimakopoulou Liana
MD, PhD. Otolaryngologist, Member of the European Academy of Facial Plastic Surgery

- Athanasiou Athanasios
MD, PhD. Plastic Surgeon. President - Athens Beverly Hills Medical Group

- Botani Ioanna
MD, MSc. Otolaryngologist – Head & Neck Surgeon, Registrar A', General Hospital of Drama, Drama

- Christopoulos Athanasios
MD, Plastic Surgeon. Scientific Director of "Aesthetic Anaplasis" Medical Center

- Dalitis Savvas
MD, MSc. Plastic, Reconstructive and Aesthetic Surgeon

- Ntamagkas Aris
Plastic Surgeon, Ex-Head of Plastic Surgery Clinic, 251 Hellenic Air Force, General Hospital, Athens, Greece.

- Daniilidis Vasilios
Professor of Otolaryngology, Medical School, University of Patras, Director of the Otolaryngology Clinic, University of Patras, Rio

- Demetriades Neophytos
MD, DDS, MSc. Professor, European University of Cyprus, School of medicine. Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus.

- Georgalas Christos
Professor of Head and Neck Surgery, University of Nicosia / Director of the Head, Neck and Skull Base Clinic, Hygeia Hospital

- Karatzias Giorgos
MD,PhD, Director of the Clinic of Otolaryngology General Hospital Asklipieio Voula

- Kypraiou Argyro
MD, Director of the Department of Functional & Reconstructive Surgery, MITERA Hospital

- Lekakis Garyfalia
MD, PhD, FRCS(ORL-HNS), EBFPRS. Hopitaux Iris Sud, The Clinic, Brussels, Belgium

- Lygeros Spyridon
MD, PhD. Ass. Professor of Otolaryngology, Medical School of the University of Patras, Rio

- Michalopoulos Vasilis
MD, PhD, Plastic Surgeon

- Mireas George
MD, PhD, Director of Mediterraneo Hospital Plastic Surgery Center, Athens

- Papadopoulos Constantinos
MD, MSc, BSc, ENT Surgeon, Consultant, General Hospital of Drama, Drama

- Terzakis Dimitris
MD, MSc, FEBORL-HNS, Consultant 2nd ENT Clinic, Hellenic Red Cross Hospital "Korgialenio-Benakio"

- Triantos Stelios
ENT - Head and Neck Surgeon, Director of the ENT Clinic, General Hospital of Athens "Korgialenio-Benakio" "Red Cross"

- Tsounis Michalis
MD, PhD, Director of the ENT Department of Health of the Hellenic Police - Director of the Department of Functional Rhinoplasty of "Lito" Hospital

- Fragkioudakis Nikolaos
MD, DDS, Oral & Maxillofacial Surgeon. Fellow, Facial Cosmetic Surgery

TECHNICAL MANAGER

Siametis Spyros
MSc

ADMINISTRATIVE OFFICER

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